

CLASSIC CHOICE SCHEDULE OF BENEFITS

(for individuals)

THIS SCHEDULE IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.



This is a comprehensive health coverage plan that includes hospitalization, medical and prescription benefits. Indiana Farm Bureau Health Plans use UnitedHealthcare Choice Plus network of providers. Please keep in mind that in-network payments are based on negotiated fees; if an out-of-network provider is used, the individual's liability will increase significantly.

	In-Network	Out-of-Network
CALENDAR YEAR DEDUCTIBLE (CYD)		
• Unless otherwise indicated, all benefits are subject to the CYD.	Option 1: \$3,000 per individual Option 2: \$6,000 per individual	
OUT OF POCKET MAXIMUM (OOP)		
• Once the OOP maximum is met, eligible benefits are provided at 100% for an individual for the remainder of the calendar year.	Option 1: \$10,000 Option 2: \$20,000	Unlimited
• This applies to in-network provider services only.		
• Copayments do not apply to OOP and must still be paid after OOP is met).		
LIFETIME BENEFIT MAXIMUM		Unlimited

Services

	In-Network		Out-of-Network	
OFFICE VISIT	Option 1 For \$3,000 CYD:	\$40 copayment* per visit	CYD/Coinsurance	
	Option 2 For \$6,000 CYD:	\$40 copayment* per visit		
TELADOC®		\$0 copayment per visit	No Coverage	
• TELADOC® Expert Medical Services (not subject to CYD)				
COINSURANCE	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
• Based on the maximum allowable charges for eligible benefits	80%	20%	60%	40%
PREVENTATIVE CARE BENEFITS	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
• No waiting period				
• In-network benefits not subject to CYD				
• Preventative Health Exam ¹	100%	0%	60%	40%
• Annual Well-Woman Exam ²	100%	0%	60%	40%
• Routine Colonoscopy ³	100%	0%	60%	40%
• Annual Routine PSA ⁴	100%	0%	60%	40%
PRESCRIPTION DRUG COVERAGE	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
• Generic - 30 day supply	All but copayment	\$4 copayment ⁵	60%	40%
• Brand	80%	20%	60%	40%
• Unlimited Calendar Year Maximum Per Individual				

EMERGENCY ROOM SERVICES

• Not resulting in admission

\$75 Deductible per visit
(In addition to CYD and Coinsurance)

DENTAL - No waiting periods

Pediatric (Under Age 19)

- Preventative services paid at 100% as outlined by the U.S. Preventative Task Force and Health Resources and Services Administration
- Other eligible dental services subject to CYD and coinsurance
- Limited orthodontic care

Age 19 and Over

- \$40 copay for preventative and restorative services
- Maximum benefit per calendar year is \$500

VISION

No waiting periods

Pediatric (Under Age 19)

- Eye exams are covered at 100% once every calendar year.
- Eyeglass frames, eyeglass lenses or contact lenses are covered once every calendar year at 100% up to a maximum of \$100 per member, not subject to deductible and coinsurance.

Age 19 and Over

- Eye exams are covered once every calendar year with a limit of \$40.
- Eyeglass lenses or contact lenses are covered once every calendar year at 100% up to a maximum of \$100 per individual, not subject to deductible.

FOOTNOTES

1. Preventative health exam for adults and children and related services as outlined below and performed by the physician during the preventative health exam or referred by the physician as appropriate, including:
 - Screenings and counseling services with an A or B recommendation by the United States Preventative Services Task Force (USPSTF).
 - Bright Futures recommendations for infants, children and adolescents supported by the Health Resources and Services Administration (HRSA).
 - Preventative care and screening for women as provided in the guidelines supported by HRSA, and immunizations recommended by the Advisory Committee of Immunization Practices (ACIP) that have been adopted by the Centers for Disease Control and Prevention (CDC).
2. Annual well-woman exam
 - Routine well-woman preventative exam office visit
 - Cervical cancer screening
 - Screening mammography at age 40 and older, with one baseline mammogram between the ages of 35-39
 - Other USPSTF screenings with an A or B rating
 - Pap smears
 - Bone density measurement screening
3. Colorectal cancer screening as recommended by the United States Preventive Services Task Force (USPSTF).
4. Prostate cancer screening for men age 50 and older.
5. Prescription copayment does not apply toward deductibles or out-of-pocket maximums.

*OFFICE COPAYMENT GUIDELINES

A copayment will be applied to each office visit for the covered services performed in the office and provided and billed by a physician who is an in-network provider. The remaining charges for covered services rendered during the office visit will be paid at 100% of the maximum allowable charge. If a physician who is an out-of-network provider is utilized for covered services, benefits will be determined on the basis the out-of-network coinsurance percentage after deductible is met.

Copayments do not apply to the following services: advanced radiological imaging, allergy testing and injections, biopsy interpretation, bone density testing, cardiac diagnostic testing, chemotherapy services, chiropractic services, complex diagnostic services, dental services except preventative and restorative for all individuals age 19 and over, diagnostic services sent out, durable medical equipment, growth hormone injections, IV therapy, Lupron injections, mammography, maternity services, nerve conduction studies, neuropsychological or neurological tests, nuclear cardiology, nuclear medicine, orthotics, preventative services as indicated in the contract, prosthetics, provider administered specialty pharmacy products, sleep studies, surgery performed in a physician's office and related surgical supplies, Synagis injections, therapeutic/ rehabilitative/ habilitative services, ultrasounds and vision services. These services are subject to the terms and conditions of the contract. Deductibles and coinsurance will apply except where otherwise indicated. Copayments will not be applied to the deductibles or out-of-pocket maximums.

MATERNITY BENEFITS

Maternity benefits will be eligible as long as the pregnancy is not considered a pre-existing condition.

PRE-EXISTING CONDITION WAITING PERIOD

Benefits will not be provided for any pre-existing condition until an individual has completed a waiting period of at least six months. A pre-existing condition is defined in the contract as "An illness, injury, pregnancy or any other medical condition which existed at any time preceding the effective date of coverage under this contract for which: Medical advice or treatment was recommended by, or received from, a provider of health care services; or symptoms existed which would cause an ordinarily prudent person to seek diagnosis, care or treatment."

PLAN ENHANCEMENTS



TELADOC® provides access to doctors by phone or video, as part of your benefits. Our U.S. board-certified doctors can diagnose, treat and even prescribe medicine, if needed, for a wide range of medical needs, including the flu, allergies, rash, upset stomach and much more.

TELADOC® **Expert Medical Services (EMS)** is an additional plan enhancement available with your benefits. This service offers expert medical advice at no cost to you and/or your eligible dependents. EMS can provide answers to medical questions, a confirmation or modification of a diagnosis, guidance on picking a treatment option or help deciding if surgery is right for you. teladoc.com | 1-800-teladoc



OptumRx® HOME DELIVERY is an option for all members and is safe and reliable. You may pay less for medication with a three-month supply through OptumRx. Get convenient, free standard shipping on medications delivered to your mailbox.

Call **1-800-788-4863**, TTY 711 to place home delivery orders anytime.



Finding ways to stay healthy doesn't have to be difficult. Healthy choices are all around us every day. INFB Health Plans have teamed up with **UMR Wellness CARE** to offer a Clinical Health Risk Assessment to help you recognize and make the most of your health care opportunities. Additional wellness resources are available at umr.com, including a library of health information, videos and interactive "action plan" tutorials to help you get and stay healthy.



The **Maternity CARE Program** informs members who are thinking about having a baby or are in the early stages of pregnancy about how improving their own health can influence the future health of their baby.



With the **CARE app**, members can access a wide range of wellness information to improve overall health and wellbeing. Enroll today! We'll need some basic information along with an email address, mobile phone number and your UMR member ID and group ID numbers. Simply scan the QR code or access the enrollment page at go.umr.com/get-care-app.



Talkspace's therapist-led virtual care services and same-day start times can provide responsive and reliable mental health support to those experiencing a wide range of challenges - including stress, anxiety, depression and more. Seventy percent of Talkspace members reach clinically-significant improvement in a matter of weeks. Visit talkspace.com/connect for more information. **Deductible and co-pays apply.*



NurseLine will connect you to a team of registered nurses who can answer your questions and provide advice. Nurses are standing by to help any time of day, seven days a week as a part of your health benefits, at no cost to you. Reach out by phone using the toll-free number on the back of your member ID card or chat online with a nurse at umr.com - select Health Center from myMenu and look for the link in the "I need to..." section. If you have questions, UMR nurses have answers.

**Deductible and co-pays apply.*